STEP 1: CHART IT OUT

Draw, diagram, or create a map of your career path to date. It doesn't need to be beautiful or even legible—it’s simply a tool to look back on where you’ve been and organize your thoughts around the path you’ve taken to get here.
STEP 2: REFLECT

1. What did you like or dislike about each stop along the way?

2. What experiences and skills have you loaded into your trunk?

3. What are the threads & themes that connect the dots on your journey so far?
   (WHY you do what you do, HOW you do it, WHO you do it for)
STEP 3: LOOK AHEAD

4. What does it change for you to think about your career path as a road trip instead of climbing a mountain?

5. What does it say about you if your next professional step isn’t “forward and up?”

6. What, to you, is the difference between success and fulfillment?
7. Below, capture some words that describe what you'd like to explore or experience on your road trip:
8. If I magically gave you a solid chunk of money and time to dedicate to your professional growth and you could use it however you would like, what would you do with it?

9. Look back through what you wrote above, and circle any key words or phrases that stand out to you as important as you continue on your career road trip. What are three things that you want to experience or explore in the journey ahead?

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Hi, I'm Carole Ann. I'm here to help you navigate your career and leadership journeys with purpose and resilience.

As a coach, speaker, and consultant, I work with mission-driven leaders and organizations to help them develop their meaningful work, strategic goals, and authentic leadership.

www.penneyleadership.com
coach@penneyleadership.com
Instagram: @penneyleadership | LinkedIn: Carole Ann Penney